## AYSO Region 4:

 Returning Referee Night(Welcome Coaches!)

August 23, 2023


## Welcome!

1) BRIEF Introductions to Key R4 Staff Volunteers (5 Mins)
2) Who is in attendance? Raise "Virtual" Hands ( 5 Mins)
a) Coaches
b) Referees
c) my favorite... Unicorns! (Coaches who are ALSO active Referees)
3) Agenda
b) Review AYSO Game Cards Leslie (5 Minutes)
c) Review 10U Player Development Initiative (PDI) Rules \& How to Officiate Justin (20 minutes)
d) Review Match Management Carlos (15 minutes)
e) Review Recent IFAB Laws of the Game changes Carlos \& Gerry (25 minutes)

OFFICIAL LINEUP FORM - REGION 4
division
team name The 4 Star Crew TEAM \# 13
colors Red, White \& Blue
COACH'S Name Vlatko Andonouski
assistant coach's name Amanda Cromwell


How to Fill Out Game Cards

| Coaches - should fill |
| :--- |
| out ONLY the sections |
| shown in BLUE script |
| Please list ALL players |
| with first and last |
| names according to |
| their Jersey \# |

Referees - please fill out the Green circled sections.

Use "|" hash-marks for
Goals Scored

Use "K" to designate
Goalkeepers, and
"O" to designate
players who sit OUT

| DURATION OF GAME (MINUTES) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| DIVISION | FULL | HALF | QTR | BALL SIZE |
| 19 U | 90 | 45 | 22.5 | 5 |
| 16 U | 80 | 40 | 20 | 5 |
| 14 U | 70 | 35 | 17.5 | 5 |
| 12 U | 60 | 30 | 15 | 4 |
| 10 U | 50 | 25 | 12.5 | 4 |
| $8 \mathrm{U} / 7 \mathrm{U}$ | 40 | 20 | 10 | 3 |
| 6 U | 30 | 15 | 7.5 | 3 |

SPORTSMANSHIP RATING
All teams start with a NORMA

| CONDUCT | EXCELLENT | NORMAL | POOR |
| :--- | :---: | :---: | :---: |
| Players | $\square$ | $\square$ | $\square$ |
| Coaches | $\square$ | $\square$ | $\square$ |
| Spectators | $\square$ | $\square$ | $\square$ |
| * Explanations required for anything other | $\square$ | $\square$ |  |

* Explanations required for anything othert than NORMAL
* Red Card / Send Off is a utomatic POOR for specific category
* Report Misconduct - Yellow / Red Cards (See Regional website)


Additional Comments:


PRINT REFREE NAMES

| Center Referee |  |
| :--- | :--- |
|  |  |
| Assistant Referee |  |
| Assistant Referee |  |
| Stand-by / Mentor |  |

Current game cards 4 " wide x $61 / 8^{\prime \prime}$ high; Images here $4 \times 6$ to fit on $4 \times 6.125$ " paper

## AMERICAN YOUTH SOCCER ORGANIZATION

## Player Development Initiatives

## Impact on 9U/10U Matches

- No deliberate heading of the ball
- Goalkeeper punts (includes drop kicks) are not allowed
- What distribution methods ARE allowed?
- Build-out line (BOL) to promote development of technical skills
- Goalkeeper Possession
- Goal Kicks
- Offside Implications


## No-Heading Policy

If ball is deliberately headed:
Play is restarted with an Indirect Free Kick (IFK) taken from the place where the player contacted the ball with his/her head with the following exceptions:

- If kick is awarded to the Attacking team inside the opposing team's goal area (4/5 yard box in front of goal), the INDIRECT Free Kick restart must be taken on the goal area line [which runs parallel to the goal line] at the point nearest to where the defensive player headed the ball.
- If kick is awarded to the Defending team as the Attacking tea, headed the ball in the goal area, the Indirect Free Kick may be taken from anywhere in that area.

If the ball contacts a players head, and the referee determines the action was NOT deliberately heading, there is no infraction - Play On!

- UNLESS... the player is injured, then STOP the match immediately and tend to the player.


## No Punts in 9U-10U; GK Distribution

- The goalkeepers in 10U shall not deliberately punt (includes drop kick) the ball
- If goalkeeper punts the ball, play is stopped, and an indirect free kick is awarded to the opposing team...
- At the spot the ball was punted, OR
- If punted from inside the goal area, then the ball is moved to the goal area line parallel to the goal line at the point nearest to where the punt occurred
- Ways the GK is allowed to distribute the ball:
- Roll (bowl)
- Throw (baseball/softball, throw-in, or basketball pass)
- Put the ball on the ground (which becomes a live ball) and can
- Kick/pass the ball wit their foot or
- Begin dribbling


## $10 U$ Build-Out Line (BOL)

- 9U-10U matches include Build-Out Line (BOL) to help promote development of player skills
- BOL only impacts these three situations:
- Goalkeeper releasing ball after gaining possession in hands
- Goal kicks
- Offside

$60 \times 40$ 10U Field


## Opponents MUST Move Behind BOL at their own pace when Goalkeeper Gains Possession



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## BOL and Goalkeeper Possession

- When goalkeeper gains possession of ball with hands
- Opponents must retreat behind BOL
-Referees CAN ENCOURAGE but SHOULD NOT "hurry" opponent behind BOL. Opponents can walk or backup to BOL so long as they are still moving toward the BOL
- Opponents may cross BOL once the ball is released from goalkeeper's hands
- Goalkeeper has option to release ball without waiting for opponents to retreat
- Opponents then may not be penalized for not retreating across the BOL
- If goalkeeper kicks/punches the ball for a save (rather than trying to collect ball with hands), then play continues as usual


## Goalkeeper Possession: Opponent Considerations

- Infraction: opponent crosses BOL before goalkeeper releases ball and subsequently interferes with play
- Be vocally proactive; manage opponents to avoid this behavior
- Use judgement and don't whistle for trifling infractions
- If play has to be stopped to deal with infraction
- Remind opponents of proper procedure
- Restart with indirect free kick for goalkeeper's team on BOL where infraction occurred


## Restarting Play from Goal Kick

- Opponents MUST move behind BOL and Referee can encourage opponents to retreat to BOL
- Referees SHOULD NOT "hurry" opponent behind BOL. Opponents can walk to retreat behind the BOL
- Player taking goal kick does not need to wait for opponents to retreat
- Kicker takes risk of interception
- Opponents then may not be penalized for not retreating across the BOL
- Ball may be kicked to any point on the field
- If ball is kicked directly out of play then restart with throw-in or corner kick as appropriate per LOTG


## Goal Kick: Opponent Considerations

- Opponents may cross BOL when ball is in play: when kicked and clearly moves (per Law 16)
- Infraction: Opponents cross BOL before ball is in play and interfere with kick
- Referee stops play; asks opponents to retreat, then goal kick is retaken. Why not an IFK?
- Use judgement and don't interfere for trifling infractions
- Be vocally proactive; manage opponents to avoid this behavior


## BOL Limits Location of Offside Position



- For the attacking team, the area of potential offside infractions is bounded by the BOL in the opponent's half of the field and the opponent's goal line.
- That BOL replaces the halfway line as the boundary where offside infractions are considered
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## BOL Defines Potential Offside Infractions



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## BOL Defines Potential Offside Infractions



U NDED $^{196}$

## Apply AYSO Team Concept

- Referee should inform coach of repeated infractions of PDI policies. As needed, report same on game card.
- Repeated infractions of PDI should NOT be considered as part of Persistent Offenses misconduct (no Cautions)


## Any PDI 10U Questions?



# OUR VARIOUS EXPERIENCES IN AYSO MATCHES 

## WE'RE CRITICAL PARTS OF THE "AYSO TEAM"

THREE EQUAL SIDES JOIN TO PROVIDE QUALITY YOUTH SOCCER IN A FUN, FAMILY ENVIRONMENT THE AYSO TEAM

## COACHES

## AYSO TEAMMATES

Work together
Help each other
Protect each other Do their best

## WHY DOES SOME STUFF GET CALLED AND OTHER STUFF DOESN’T?

## Letter of the Law vs. Spirit of the Game

The Laws are intended to play the game with as little interference as possible, in this view the duty of referees is to penalize only deliberate breaches of the law (AYSO National R\&R)

## Soccer is a game of angles

Coaches and the three referees have different angles

## Judgement

"What is a foul?" "What is deliberate?" "What is interfering with the play?" "Advantage?"

## Experience

"Good judgement comes from experience, and experience comes from bad judgement"

- Will Rogers. Each year there are many referees and coaches new to FIFA Laws.


## Fatigue

The average AYSO referee does 3 matches in a day, in Region 4 some may do 5-6 matches

## Therefore

There will be bad calls
Referees are human... and so are the coaches

Be mindful of appropriate and inappropriate
interactions between coaches and referees

Coaches manage teams / Referees manage
matches

## HOW TO HANDLE INCIDENTS DURING A MATCH?

## HOW CAN WE HANDLE IT?

## COACHES

During match, when incident begins
The three-person referee crew (10U+) are the ONLY ones who can officiate the match - do your best to remain calm and objective

If your parents/staff are getting out of hand, speak to them

- Calm them down, defuse the situation

DO NOT criticize the referee crew or dissent by word or action

Doing nothing about spectators and other coaches is giving permission for the bad actions to continue
$U_{\text {NDED }} 190^{\circ}$

## HOW CAN WE HANDLE IT?

## COACHES

If you're the one out of hand (or about to get out of hand)
Remember your training

Jot down notes or questions for later; don't verbalize for a while
Try sitting down - change your perspective and lower your heart rate
Ask someone to find a Referee Commission member, Board Member, or monitor

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## DISSENT: OFTEN MENTIONED, BUT NOT ALWAYS MANAGED

## What is dissent?

Visible or verbal disagreement - regardless if directed at a person - i.e., when you don't keep it to yourself

## The Impact



When instigated by a coach or spectator it signals others to do the same. It influences how children play and react to the referee and reflects poorly on individual(s).

## Managing Dissent

Coaches: If on your touchline it needs to be addressed - better by you than the Referee
Referees: Instructed to "Caution" a coach or spectator who is dissenting. Cards should be shown CALMLY to coaches or spectators. (Recent change)
Verbal warnings are NOT required before a "Caution" is given.

A CALM DEMEANOR
QUALITIES APPROACHABILITY
THAT WILL GET
A GOOD APPEARANCE
RESPECT FOR A
CONFIDENCE
REFEREE
$\qquad$
GAME MANAGEMENT

EVERYONE PLAYS ${ }^{\circledR}$ - BALANCED TEAMS - OPEN REGISTRATION - POSITIVE COACHING - GOOD SPORTSMANSHIP - PLAYER DEVELOPMENT

## HOW REFEREES CAN MANAGE THE MATCH

## REFEREES

During match, when an incident occurs/begins...
Follow your training: A-T-R = Advice To Referees \&
"Ask", "Tell", "Remove"

- Quick body language message that you heard it and you don't like it
- 
- If the Coach keeps dissenting, stop the match, calmly and slowly approach the coach and ASK... "Coach, I would like you to stay involved in this match so I am asking you... can you keep your comments positive and stop dissenting with your words or with your body language? I need an actual YES on this."
- This is the verbal warning


## HOW REFEREES CAN MANAGE THE MATCH

continued...

- If dissent involves a spectator, calmly ask the coaching staff to help out (AYSO Team) by asking the coach to address the offending spectator

If the situation with the Coach is not getting better - if it is detracting from the players' enjoyment - of the game, stop the game and issue a Caution (yellow card)

- This TELLS the coach that if the inappropriate behavior continues, the next step would be a "Send-Off" (red card) removal from the field/park.

Doing nothing is giving permission for the bad actions to continue - week after week!

# DE-ESCALATION: REDUCING THE INTENSITY (OF A CONFLICT OR POTENTIALLY INAPPROPRIATE SITUATION) 

## HOW WE CAN DO IT

COACHES \& REFEREES

## DE-ESCALATION - INTERVENTION TIPS TO CONSIDER

## STAY CALM!

Try using a lower, yet firm, tone of voice at a lower volume

## CHECK YOU BODY LANGUAGE

Give space and maintain eye contact. Confidence, not aggression

## ACTIVE LISTENING

Try to hear what is being said -genuinely attempt to put yourself in the other person's situation. More than anything this involves LISTENING.
Being a bit of a "sounding board" and acknowledging the other person has been heard can help dissipate anger.

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## HOW WE CAN DO IT?

## COACHES \& REFEREES

## DE-ESCALATION - INTERVENTION TIPS TO CONSIDER

## ACKNOWLEDGEMENT

Try to sense the underlying emotion and then comment on the emotion - A Referee may say "I understand you disagree with my decision, but let's get the kids back to playing soccer. This is all about them."

## REMEMBER THE KIDS ARE THE COMMON GROUND FOR THE "AYSO TEAM"

Try to get the focus back on the kids and get the match going

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## SIMPLE RULES TO FOLLOW

## Use the least confrontational method you can and still solve the problem

If you are going to talk to the dissenting person:

- Keep your eyes on the field and players - safety first
- Ask the AR to come with you
- Use "I" messages
- "I need to be clear that ...",
- "I think it would be best for everyone for us to work together..."

IF there is a situation wholly inappropriate for children to witness:

- Walk away from the Match
- Find Referee Commission member, Board Member, or Administrator


## WE'RE ALL NEEDED FOR OUR MISSION -

QUALITY YOUTH SOCCER PROGRAMS - IN A FUN, FAMILY ENVIRONMENT


## RECENT CHANGES TO THE LAWS OF THE GAME

## 2019-2024 IFAB LAW CHANGES

Here's a summary of biggest changes for AYSO:

## Goal kicks

The ball is in play as soon the kick is taken (it can be played before it leaves the penalty area). This also applies for when a free kick for the defending team is taken in their own penalty area (can be played before it leaves the penalty area).

## Kick-off

The team that wins the coin toss can now choose (i) take the kick-off or (ii) which goal to attack (previously they only had the choice of which goal to attack)

## Position of the goalkeeper at penalty kicks

The goalkeeper only has to have one foot on the goal line when the penalty kick is taken The goalkeeper must not touch or grab the goalposts/crossbar/nets; they must not be moving Goalkeepers may NOT approach the ball or opposing kicker at setup (no gamesmanship)

## RECENT LotG CHANGES ${ }_{\text {(continued) }}$

## Dropped ball procedure - no more "contested" or "directed" drop balls

- If play is stopped outside the penalty area, the ball will be dropped for one player of the team that last touched the ball at the point of the last touch.
- If play is stopped in the penalty area, it is dropped to the goalkeeper - regardless of who touched it last
- In all cases, ALL other players (even teammates) must be at least 4.5yds away.
- Includes a dropped ball being awarded if the ball hits a referee or match official and (i) goes into the goal, (ii) team possession changes or (iii) starts a promising attack.


## Free kicks

- When there is a 'wall' of three or more defenders, the attackers are not allowed within 1 m (1 yd) of the wall; an attacker less than 1 m (1yd) from the 'wall' when the kick is taken will be penalised with an indirect free kick
- When the defending team takes a free kick in their own penalty area, the ball is in play once the kick is taken; it does not have to leave the penalty area before it can be played


## Yellow \& Red Cards can now be shown to coaches/staff, but still NOT to Spectators

## RECENT LotG CHANGES ${ }_{\text {(continued) }}$

## - Handball

- Deliberate handball remains an offence
- The following 'handball' situations, even if accidental, will be a free kick:
- the ball goes into the goal directly after touching an attacking player's hand/arm, or that same player scores immediately after the ball makes contact with hand/arm even if accidental
- the ball touches a player's hand/arm which has made their body unnaturally bigger
- the ball touches a player's hand/arm when it is above their shoulder in an unnatural soccer action
- unless the player has deliberately played the ball with a different part of the body (head/body/leg/foot) which then touches their hand/arm)


## RECENT CHANGES (continued)

- Handball (continued)
* The following will NOT usually be an offense -> (unless they are one of the previous situations):
- When the players arm is already extended when there is no expectation of the ball coming at, or near, the player from a team-mate
- the ball touches a player's hand/arm directly from their own head/body/foot or the head/body/foot of another player who is close/near
- ball is accidentally handled by a teammate (i) prior to a goal being scored, or (ii) which creates a goal scoring opportunity
- the ball touches a player's hand/arm which is close to their body and has not made their body unnaturally bigger
- if a player is falling and the ball touches their hand/arm when it is between their body and the ground to support the body (but not extended to make the body bigger)
- If the goalkeeper attempts to 'clear' (release into play) a throw-in or deliberately kick from a team-mate but the 'clearance' fails, the goalkeeper can then handle the ball


## RECENT CHANGES (continued)

- Handball (continued)



## RECENT LotG CHANGES ${ }_{\text {(continued) }}$

- Offside (even MORE clarification in 2023)
- If an attacking player in an offside position, receives a ball directly from a defender WHO HAS CONTROL OF THE BALL and deliberately plays the ball to that player, including by deliberate handball, the player in an offside position is no longer considered to have gained an advantage and should NOT be flagged offside
- UNLESS... the player in an offside position receives the ball from a deliberate save by any opponent (not just the goalkeeper).
- A 'save' is when any opposing team player stops, or attempts to stop, a ball which is going into or very close to the goal with any part of the body except the hands/arms (unless the goalkeeper within the penalty area)


## RECENT LotG CHANGES (continued)

## 2022-23 Law Changes

- \# of Subs (Law 3), Team Officials can be Sent-Off during Penalty Kicks (Law 10), GK can't commit handball in Penalty Area (Law 12)
- Non-consequential Law changes affecting AYSO matches.
- If a player, in or outside the field of play, leaves the field to commit an offense against an outside agent, restart is dropped ball to team who touched the ball last,...
- unless the referee penalizes the player for "leaving the field of play without the referee's permission" and awards an indirect free kick.
- During a Penalty Kick, the Goalkeeper can have 1 foot above the goal line, and other foot can be on or behind (new) the goal line (Law 14)


## RECENT LotG CHANGES ${ }_{\text {(continued) }}$

## 2023-24 Law Changes

Law 3

- Goal scored with extra person on the field who interfered with play - No Goal. IFK at spot of interference
- Goal scored with extra person on the field who did NOT interfere in play - Goal


## Law 4

- Medical Devices designed to restrict mobility, protect from an injury or support alignment to assist healing (plaster/acrylic cast or hard plastic splint) are NOT allowed
- Devices used to provide support, allow flexibility or enable player to function normally (hearing aid, insulin pump, knee brace, prothesis) ARE allowed
- Referee (Center) is the SOLE judge to determine if questionable item is allowed


## RECENT LotG CHANGES ${ }_{\text {(continued) }}$

## 2023-24 Law Changes

## Law 3 Hair Adornment

- Players shall not wear anything that is dangerous to either themselves or other players subject to the Referee's approval under Law 4. AYSO allows the following:
- Hair Beads and Clips
- Hair control devices and other adornments, such as beads worn in the hair must:
- Be securely fastened to the head
- Do not present an increased risk to the player, teammates, or opponents
- Flat clips less than 2 inches may be used IF no increased risk
- Hair charms are jewelry, and not permitted


## RECENT LotG CHANGES ${ }_{\text {(continued) }}$

## 2023-24 Law Changes

Law 3 Hair Adornment (continued)


Not Allowed


Allowed


Not Allowed


Allowed
$<-\ln A$ and $C$, hair beads are not securely fastened to the head

In A, hair beads are not securely fastened to the head ->



Allowed


## RECENT LotG CHANGES ${ }_{\text {(continued) }}$

## 2023-24 Law Changes

Law 3 Hair Adornment (continued)

In pictures $A, B, C \& D$, hair control devices are worn securely fastened and are allowed.

In E, the hair device is NOT allowed as it is not securely fastened to the head and projects from the head.

Hair adornment solutions


Allowed


Allowed


Allowed


## RECENT LotG CHANGES ${ }_{\text {(continued) }}$

## 2023-24 Law Changes

Law 3 Hair Charms


Hair charms are considered jewelry, and per Law 4 would not be permitted.
Reminder: Newly pierced ears (earrings) may NOT be worn even if covered by athletic tape of band-aids UNLESS they are "permanent" earrings (no post or backing, flat disc back [like a rivet])

## RECENT LotG CHANGES ${ }_{\text {(continued) }}$

## 2023-24 Law Changes

## Law 12: Fouls and Misconduct - Cautions for UnSporting Behavior

There are different circumstances when a player must be Cautioned for UnSporting Behavior (USB), including is a player:

- (...)
- Commits any other offence which interferes with or Stops a Promising Attack (SPA)
- except where the Referee awards a penalty kick for an offence which was an attempt to play the ball or challenge for the ball. (think "shoulder challenge") No Caution should be awarded.


## RECENT LotG CHANGES ${ }_{\text {(continued) }}$

## 2023-24 Law Changes

## Law 14: The Penalty Kick

Defending Goalkeeper must remain on the goal line, facing the kicker between the Goalposts until the ball is kicked.

The goalkeeper must not behave in a way that unfairly distracts the kicker, such as:

- delaying the taking of the kick by leaving the goal area or walking around in a circle
- touching the goalposts, crossbar or goal net thereby making them move
- walking off their goal line in an attempt to challenge or intimidate the kicker

Officiate the matches consistent with the age and skill level. Cautions ONLY issued in U14 IF absolutely warranted

## ANY LAW or RULE QUESTIONS?

## ANY FINAL "MUST COVER" ITEMS FOR TONIGHT?

- Regional Referee Commissioner Robert?
- CGI Schedule Master Ron?
- Mentor Program Lead Ramin?


## THANK YOU FOR VOLUNTEERING AND ATTENDING THIS EVENING



